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**Subject:** Eradication of drug menace from Haryana, Rollout of State Action Plan.

**COLLEGE OF VETERINARY SCIENCES, LUVAS HISAR**

No. COVS/G-1/2022/4077-4117

Dated: 02-08-2022

**Subject: - Eradication of drug menace from Haryana, Rollout of State Action Plan.**

Haryana State Narcotics Central Bureau vide D.O. Letter No. 9992 Dated 29-06-2022 has communicated a State Action Plan namely "Dhakad" to implement the same in the university. The aims of this program is to prevent drug abuse among the youth, particularly students by providing knowledge, including behavioral skills and developing a support system for self and group monitoring in order to prevent them from falling prey to drug abuse.

As per guidelines of action plan, a group of 5-10 students shall be formed by the Counselor/Hostel Warden (Senior Dhakad) and member students of this group will look after each other and in case of any behavioral change, noticed in any "Dhakad" (student) due to drug abuse that shall be reported to Counselor/Hostel Warden. After receiving information Counselor/Hostel Warden (Senior Dhakad) will interact with the concerned student (Dhakad) and inform the Class Incharge (Nodal Dhakad). In case any student is found drug addict, Class Incharge will inform to Dean of the College and Director Students Welfare and the information will be shared with the Health Department so that the addict may be facilitated for counseling and de-addiction. Further the information of drug addict will be filled through Prayass App. prepared for this purpose by HSNCB, which will help to identify drugs traffickers, there source of drug, category of drug consumed and process of treatment related to de-addition of addicts.

A copy of the Action Plan is sent herewith to all the Counselor/Hostel Warden and Class Incharge for implementation of the action plan in the university as per guidelines issued (copy attached).

**DEAN, COVS**

CC:

1. S.V.C. for kind information of the Worthy Vice-Chancellor please
2. The Registrar, LUVAS, Hisar for information please
3. The Director Students' Welfare for information please
4. All Class Incharges/Hostel Wardens/Counselor
5. All HOD's, COVS LUVAS
6. Dr. Neelesh Sindhu and Dr. Gaurav Charaya with the request to display the notice on university website please.
7. All College/ Hostels notice boards

**APPROVED**

Gulshan Narang  
Dean COVS, Registrar, HOD Pathology, HOD VPTX  
College of Veterinary Science  
Aug 3 2022 10:19AM

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**Chapter-2**

**DHAKAD Programme**

**Introduction:**

The "**Dhakad**" Programme aims to prevent drug abuse among the youth, particularly students by providing knowledge, including behavioural skills and developing a support system for self and group monitoring in order to prevent them from falling prey to drug abuse.

**Vision:** To create a mechanism for identification, supervise, support and de-addiction of drug abusers.

**Who is a *Dhakad*?**

"**Dhakad**" is a friend/companion one can rely on for help, care, assistance, and support.

**Who is "*Senior Dhakad*"?**

Class teacher shall be the "**Senior Dhakad**" who will form **Dhakad** groups of 5 classmates for implementation of this programme.

**Who is "*Nodal Dhakad*"?**

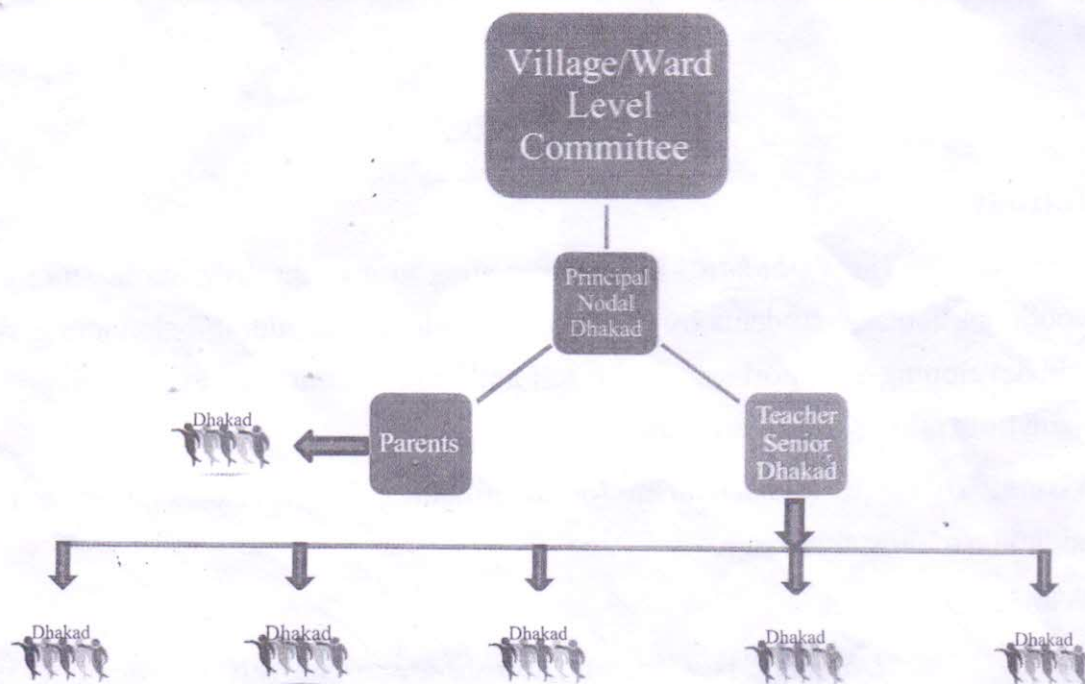
Principal/Headmaster of the School and in case of College/University Head of the Department shall be appointed as "**Nodal Dhakad**" for supervision and implementation of this programme.

**Why "*Dhakad*" Programme:**

The **Dhakad** programme aims to prevent drug abuse among the youth, particularly students by providing a platform where young students are involved in more than just token ways. **Dhakad** know how to communicate with their peers in a way that makes sense. It aims to increase interaction among students for achieving better academic performance, developing life skills and enabling them to lead a healthy and drug free life.

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**Fig. 6 : Structure of "Dhakad" Program (School/Institution Level)**

**Working structure of *Dhakad* Programme:**

Programme will be implemented at School, College and University levels. As per this program, a group of five students shall be formed by class teacher. Member students of this group will look after each other and in case of any behavioural change, noticed in any "*Dhakad*" due to drug abuse that shall be reported to class teacher known as "*Senior Dhakad*". After receiving information *class teacher/Senior Dhakad* will interact with the concerned *Student/Dhakad*.

Principal/Headmaster of the School and in case of College/University Head of the Department shall be appointed as "*Nodal Dhakad*" for supervision and implementation of this program. Senior Dhakad will report to the Principal/Headmaster of the School and in case of College/University Head of the Department for de-addiction of the students who are dependent on drugs. This information related to drugs addicts further will be shared with Village/Ward Mission Team and health department, so that addicts may be facilitated for



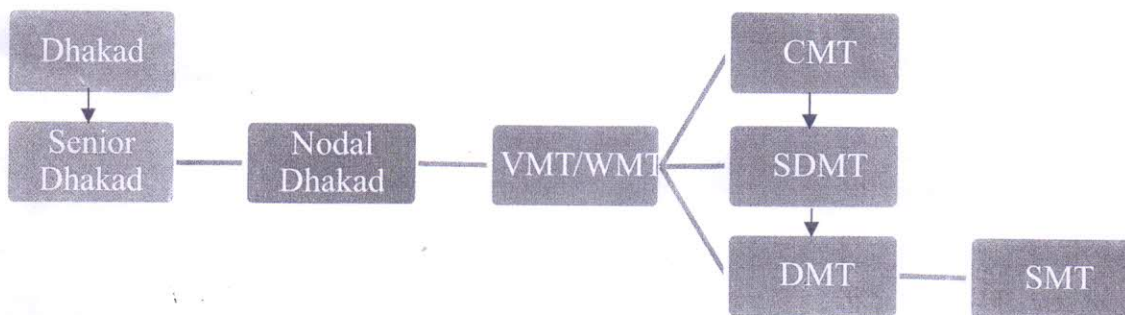
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counselling and de-addiction. Further the information of drug addicts will be filled by Village/Ward Mission Team and health department, through Prayass app prepared for this purpose by HSNCB, which will help to identify drugs traffickers, their source of drug, category of drug consumed and process of treatment related to de-addiction of addicts.

### Supervision and Monitoring of "Dhakad" Program:

The implementation and supervision of this program shall be regulated by the State Mission Team, District Mission Teams, Sub-Division Mission Teams, Cluster Mission Teams and Village/Ward Mission Teams, structure already designed at different levels within the State for identification, counselling, treatment, rehabilitation and de-addiction of addicts. The flow chart of Supervision and Monitoring of "Dhakad" Program will be as under:-



**Fig. 7: Structure of "Dhakad" Programme at State Level**